



## ANNUAL ACTIVITIES REPORT

### FY 2019 TO 2020

Nisarg Vidyan Mandal (NiViM) working in Nagpur district through its NETRAVAN and DNYANDEEP projects for rural and urban areas community respectively. NiViM also working at Mumbai under its Tiny Miracles – hamara chhota gram project conducted overall developmental programs for the Mumbai Central and Aarey colony (Goregaon East) communities. During the year 2019-2020 started one new balwadi at Aarey Colony in Bhurikhan Pada from March, 2020. or overall development main five areas such as health care, education, social awareness programs, skills training and income generation programs and fun programs were organised during year.

### **Paryayi Sheti Shetkari Abhiyan (Alternative farming Farmers Campaign for Sustainable agricultural practice):-** (Team- Dr.Vijay Ghugey, Mr.Pramod Yadao, Mr.Pramod Mishra, Mr.Dipak Shahu)

NiViM worked in 25 villages to implementation of an activities of sustainable development practices in agriculture and agri allied entrepreneur sheep. It includes use of *Panch gavy (i.e..cow dung and cow urine)*. A trainings organized for selected farmers and from tribal women from seven villages ..



( Dr,Vibha Gupta, Dr,Satish Gogulwar, Er.Cittaranjan Sarangi and Dr Vijay Ghugey with farmer representative of Paryayi Sheti Mandal from seven villages)

Brain storming session with farmers organised for sustainable development of their own farm with protection of forest patch adjacent to their farm field. Mrs.Vibha Gupta(President ,Magan Sangralay,Wardha) share her experience about cotton to cloth project to make Khadi in the villages around NETRAVAN by use of handlooms and solar Charakha. Dr Satish Gogulwar (Convenor, Amhi Amchya Arigyasathi Kurkheda,Gdchiroli) explained use of medicinal plants grown up in the farm farmbund and available in nearest forest. A steps for implementation of Forest Right Act-2006 for conservation of forest and Its management through Gramsabha also explained to protection of forest by community. Mr.Chittranjan Sarangi (Director Science & Technology Department, State Govt. Of Odisha,Bhuvaneshwar ,& President ,Tapobhumi, Malakangiri,Odisha) trained the tribal stakeholders and villagers about use of Govt.GR ,particularly MGNREG. .Mr.Surbha Kangali from Jamblapani and Mr.Maroti Pohankar from Khairee and Mr.Raju Masram from Bhivgad village are executive member of this network accepted responsibility as a President,Vice president and Secretary respectively.

### Women Empowerment for sustainable livelihood ( WESL):-

(Team-Ms.Pushplata Waghmare, Mrs.Vanita Sirsam,Mrs.Papita Kolhe,.Dipak Shahu.Prof.Vuvek Wagh)

NiViM formed more than hundred SHG in the vicinity of NETRAVAN. These group of women are in need of day to day work at their own village or farm.To resolve this problem of unemployment and to secure their lively hood .NiViM organised trainings based on Cow protection and its benefit for livelihood through organic/natural farming by use of panchgavya..Milk etc.



(Mr.Nitin Lonkar, DrVijay Ghugey,Mr.Sanjay Saraf is on the dias)

Sixty nine women from selected 10 villages were participated in the trainings .,This training session inaugurated by Mr.Nitin Lonkar, President ,Kalmeshwar MIDC manufacturing Association,Nagpur.Mr,Sanjay Saraf, GM,(Marketing) Ankur seeds explained the techniques of marketing strategy for sale of agriculture products and its value addition.Dr,Vijay Ghugey,President Nisarg Vidnyan Mandal(NiViM) ,Nagpur explained Govt, GR, rules and schemes of line departments to get maximum benefit to women.Ms.Pushplata Waghmare explained

clusters development ideas and its utilization at villages. Mr.Dipak Shahu coordinate the meeting,

## **Health Care**

### **Awareness session in Tribal communities for epidemic diseases :-**

(Team – Grace Joseph, Vitthal kshirsagar, Dr. Pradip Pandey, Dr. Apurva Ghugey)

**Waterborne disease session:** Session on Waterborne disease was conducted by Dr. Pradeep Pandey on 13<sup>th</sup> August 2019 for children and women. Thirty six children attended the session in a batch. Thirty four women attended the session. Providing information to the community about waterborne diseases from doctors. Such as where can water cause diseases? Causes of disease, what precautions should be taken to prevent diseases, symptoms of diseases, how to treat, etc.

**Diseases that spread through mosquito bites:** Session was organised on 23rd October for adolescents and youth by the Dr. Rameshwari Patil in one batch and another batch for women for this session. Altogether 56 people (women= 21 and children=35) participated in this session.

**Women Medical camp:** Medical camp for women was organized on 19th and 20th

November, 2019 Doctor was checked in detail to each woman. During the camp we organized blood checked up in age wise category like less than 35yrs old women only CBC and ESR test but above 35yrs CBC, Cholesterol, Thyroid and sugar. Only If particular women who is under 35yrs age but need to do all the test then only exception for her. Blood test was also held on 22th November 2019. Almost 90% Community covered in the camp. During the camp found that maximum women having bone pain problem. In fact, in very early age women having blood pressure problem also. Due to this camp, women started more interaction with us and maximum women known about our NGO and our work.



After women medical camp one session was held on date 24th December 2019 regarding women camp. In this session, doctor guided the women on how to take care of themselves. Women having lots of health problem like, Joint pain, white discharge, acidity, headache, weakness etc. And we realize that many women not

having their meal on time like maximum women not having morning breakfast, directly they are having lunch after household work by 3 to 4 pm.

### **Supplementary nutrition**

Healthy supplementary nutrition was given to balwadi children every day. Healthy snacks were given to children at study classes three times in a week in the khadakpada community. Alternative day's Healthy breakfast given to senior citizen of pardeshi community at Mumbai Central.

**Medical help:** On 19<sup>th</sup> April, 2019 Emergency help of Rs.3000 given to Sapna Pardeshi. Also other 36 community children and women were provided with medicines help during the year. Avinash nam, a balwadi child from Khadakpada, was taken to the medical center in Dindoshi as he could not hear. Then the doctors there told him a 7 days course and also gave him medicine to put in his ear. He has also been called for a week to clean his ears.

**Emergency help:** In Khadak pada one child who came to our study class, computer class student name is Krishna Bhujade. He affected from leptospirosis disease so we provided emergency financial help but he died due to that disease on Janmashtami dated 23rd August, 2019.

A man from Khadakpada committed suicide by hanging himself in his own house, so by providing groceries to his destitute family.

**Cleanliness:** Residential place of pardeshi community clean every day.

**Cleanliness programs at Khadakpada:** On 16th January, 2020 did rally for cleanliness in Khadak pada. Children divided the work among them like Prepared a slogan, poster for rally. Select particular area of rally to start the rally and to end the rally. Staff members were also involved in the rally. We have got a very good feedback from community members also. Children are actively participated in this activity. When rally end we gave vadapav and juice to participate children.



**De-addiction:** Admitted one 18 year old youth for De-addiction at Recovery Foundation from Mumbai Central and around Rs.21000 spent for his treatment

## **EDUCATION :-**

**Pre-school Education:** Balwadi for the children of the age group 3 to 6 years was conducted every morning at khadakpada. Total 23 children attended the balwadi regularly. Uniforms were given to them to make them feel good and to bring uniformity.

**Pre-school Education:** Balwadi for the children of the age group 3 to 6 years was newly conducted from 2<sup>nd</sup> March, 2020 every afternoon at Bhurikhan pada. Total 18 children attended the balwadi regularly.

**Study classes:** Support study classes were organized in different batches according to the timing of the children. Total 30 children attended the classes in pardeshi community.

**Study classes:** Support study classes were organized in different batches according to the timing of the children. Total 76 children attended the classes in Khadakpada and 45 children attended the classes in Bhurikhanpada.

**Computer Education:** Computer classes were conducted for 34 students.

**Literacy class:** Literacy classes for women were started from 5<sup>th</sup> March, 2020 month. There were 4 women in the class at Khadakpada and only 1 lady come to class at Bhurikhan pada. On the first day of the class teacher told them on importance of his literacy class. From the next day teacher started the study from barakhadi and taught to write their names.

**Education sponsorship:** Altogether 82 children from Pardeshi community were given education sponsorship for their English medium education.

**Vocation batches:** During the summer vocation, special classes were organized for the children studying in 9<sup>th</sup> and 10<sup>th</sup> std. and also for weaker students.

**Guides:** Guides were provided for the study classes to help the children to refer notes.

**Star points and gifts:** Cards of different colours as appreciation on cleanliness, punctuality, completion of homework were given twice in a week. At the end of the month that collected more cards were given gifts during parents meetings.

**Parents meeting:** Parents meetings were held every month in Pareshi community, where the progress of children, regularity of children and if any issues present that too were discussed.

**Parents meeting:** Parents meetings were held every month in Khadakpada community, where the progress of children, regularity of children and if any issues present that too were discussed.

**News Papers Reading:** Newspapers reading activity conducted regularly for study class children. This activity was organized to update them with current affairs and inculcate reading habit. Loksatta, Times of India & Maharashtra Times were brought for reading every day.

**Importance of Education:** A session based on “Importance of Education” was held on 17<sup>th</sup> October 2019 for standard 1<sup>st</sup> to 7<sup>th</sup> is one group and second group for 8<sup>th</sup> standard to youth group. Total 64 children benefited from this session. Resource Person Mr. Sandip Parab conducted this session.



## **SOCIAL AWARENESS PROGRAMS**

**Stake holders meeting:** On 30<sup>th</sup> May 2019 organised an interactive session with community leaders about the problems they face as tribals in aarey colony.

**Dhol training:** Twenty one children were given training in three types of beats like Lezim beat, East Indian beat and six set beats. The children play Dhol on their own during their religious functions.

### **Lezim training session:**

Twenty children learnt lezim (musical instrument). Total 10 types of steps they learnt. They too play this during the religious functions. Mrs. Tejal Gawde is the resource person for lezim.

**Lazim and Dhol performance:** children and women gets “show of Lezim and drum at Ganpati Visarjan at Borowali- Kulupwadi”. Total 46 persons were involved in this show into that 17 children play with lezim and 27 children, 2 women played Dhol. All people like the performance and they appreciated to our children. Children also enjoyed playing lezim and Dhol. The client gave dinner to all children and it was tasty too. In fact, our children played dhol- lezim in running also till venue at Ganpati Visarjan. Two women came very first time for the dhol performance, they looks tired but still they complete the show in the running.

**Warli:** 12 to 15 children are good in doing warli painting. One girl started teaching warli painting outside community and earned money. This activity start in Bhurikhan pada and 15 children come to learn this activity



**Music:** From last year we have started singing and keyboard classes musical skill for our children we find in the skill of music in our children so after giving training keyboard sir have took our two girls to sing in chorus in singing in one of his program which was held in Kandivali. At that time the confidence of our children increases in singing in live show and them got token of amount 251 rupees each.

**Theatre workshop:** In the first week of Aoril, 2019 put the workshop for children. Host of the 7 days theatre workshop, writer and director in Marathi industry Mr. Ramesh More enlightened the children about the field of acting. The host made student motivated as the confidence was boosted. Many student where showing interest to learn different things. The student where enjoying the workshop.



Mr. Ramesh More divided the group of children and gave each group a topic and asked them to act on that topic. After seeing all these performances, the best acting group was awarded on the last day of the workshop.



**Session on Savings:** On 29th November 2019 two “saving sessions” were organized by Swadhar Finance organization to give knowledge about the different policies and investment plans. Even to aware the women and children about the importance of saving. Total 26 children and 32 women attended this session in Khadakpada and 5 children and 21 women attend this session at bhurikhan pada.



## FUN PROGRAMS

**Summer Vocation programs:** Indoor games, story books reading, drawing, these activities organised for Pareshi community children in summer vacation.

**Group activities:** Greeting card making, Lime juice making, Poha making and Bhel making activities were organised during summer vocation at aarey colony.

**Group activities:** Greeting card making, drawing and playing in group, activities were organised during summer vocation & on Saturdays in Pardeshi community.

**Outdoor games:** In Pardeshi community during may vacation indoor games children played during vocation and on Saturdays.

**Outdoor games:** in the month of May ,2019 outdoor games were purchased and children played during vocation and on Saturdays in Khadakpada and Bhurikhan pada.

**Water pouring activity:** Youth and adolescents tied vessels on plants and used to pour water for the birds during summer time.

**Movie time:** During the first two weeks of May, 2019 educational and inspirational films were shown to the children on the projector in activity room. Like, Anandi Gopal, The legend of Bhagat singh, Manikarnika: The queen of Jhansi and many more. The children were watched the movie intently. After watching the movie, the children gave correct answers after asking what they knew about the movie.





**Children's day celebration:** Our study class and Balwadi children celebrated children's day on 15th November, 2019. On this day students decorated the class room. Teachers spoke few words about children day. In this day students sang a songs, poem, did group dancing, solo dance as well as free dance. Children were enjoyed this day lot. Snacks were given to all children.

**Christmas celebration:** On date 26th December 2019 Christmas party was kept in study class, balwadi in which all children enjoyed a lot. Study class children also helped to decorate with great interest. Snacks also given the student like wafers and cake. After eating the boys sang song. The children were dancing. They loved this event. All the children came to party. In a nutshell we told them about Christmas and the children were listening to them. All children enjoyed our Christmas party

**Balwadi picnic:** Balwadi children and children from Standard 1<sup>st</sup> to 3<sup>rd</sup> standard,



total 23 children were taken to Hiranandani garden on 27th December 2019.

**Exposure visits:** On 28th December 12 youth children, 1 woman and 2 staff to attended science and technological exhibition which was held at Veermata Jijabai Technological Institute, Matunga it helped youths to take decision on future study

**Fun Programme:** Fun programme was organised on 2<sup>nd</sup>, 8<sup>th</sup> and 9<sup>th</sup> February, 2020 for the entire Khadakpada and Bhurikhan pada community. But focus on in only children in various age group that is 6yrs to 7yrs, 8yrs to 9yrs, 10yrs to 12yrs, 13yrs to 15yrs, 16yrs



to 20 yrs. Age group wise taken some craft, drawing, fun and even educational topics session taken by a

having highly knowledge resource persons. Staff also took games for children entertaining purpose. Even gave morning snacks, lunch and evening snacks to children, staff, resource persons and volunteer also. On 8<sup>th</sup> February, 2020 in the evening by 7 some short film shown about tobacco, swach gram, TB, etc. on projector for to create awareness among the community people and children. After movie played last year melava short film on Projector, before short film shown tribal came together and danced together. Adolescents and youth took the leadership and actively involved in this program then gave dinner to whole Khadakpada community people. Altogether enjoyed the fun programme.

### **Picnic at Water Park**

**Youth group picnic:** On date 10th December 2019 a picnic was organized for all youth children at Royal Garden Resort, Vasai.

**Study class picnic:** Children of 8 to 13 years from tribal community were taken to Royal garden resort, Vasai on 12th November 2019.

**Birth Day celebration:** All the students decorated the black board. Students sang the songs and dance for birthday boy/girl. Teacher gave birthday boy/girl ribbons to tie. Our study class student is making greeting card so we gave one greeting card to birthday boy/girl. We are trying to make feel special for birthday boy/girl.



### **SKILLS TRAINING PROGRAMS**

Paper vase skills training /was given to women & juco Bag training is also given to men & women from pardeshi community at Mumbai Central

At Aarey colony Skill Training Teacher taught to new women to stitch the bags. Teacher taught who to make proper kona of bag, belt, and tag to stitch. New women practice stich bag under teacher



observation. It was distributed among the women. After that, when the bags were being sewn by the women, the bags were being checked by the skill training teacher. While checking the bag, the corners of the bag, belt, stitch of the bag, bracelets, tag are all checked. Skill training teachers . Total 60 women of Khadakpada ,Kombad pada and Bhurikhan pada were trained fully.

**Dassera celebration:** On 4<sup>th</sup> January, Dassera party celebration in skills training centre at Kombadpada by all women with her own contribution of money. On October 7<sup>th</sup>, women worshiped sewing machines at Khadakpada and Kombadpada on the occasion of Dussera.

